FIVE WAYS TO

Find Your Purpose

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LIFE PURPOSE COACH

A Better Life – A Better You!

I know how you feel, you want more from life and just don't know how to make it happen. Admittedly, I was an embarrassed keeper of endless dreams, missed goals and a library of self-help books. I too wanted more from life, more satisfaction and fulfillment. But I just could not figure out how to make that happen.

My passion for helping people find their purpose is a gift from my ten-year journey to find the answers. I set out to study and experience metaphysical science. I wanted to know why we seek to know our life purpose. I learned that only when we find (and live) our purpose can we know lasting happiness. I believe the desire for more is really a desire to live your unique life purpose.

As daunting as it may seem to figure out what you should be doing, there is a path from where you are that leads to creating a life of lasting happiness and fulfillment and these five proven methods can help you get there.

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Meditate

Life is busy. You're under a lot of stress. Anxiety rules and your simply exhausted from worrying about it all! Perhaps your life is in a holding pattern. Circling round and round, rinse and repeat, waiting for something to happen. Days are predictable and nothing gets better?

Stop, breathe and re-claim your sanity with a practice of daily meditation. Meditation allows intuitive guidance to plant seeds of right thought and action. You don't need to be a yogi. Everyone can meditate, including you. All that is needed is 10 to 20 minutes a day. Use meditation apps for direction and focus, and you will see that even if you cannot control your thoughts, it's working!

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Discover the Real You

Like so many others, you wonder why you were even born or if you even matter? Yes... you matter, and you are here for a specific reason. It's unique to you and ONLY YOU can fulfill it. You are a key contributor to the success of the whole of humanity and everyone is depending on you.

Your astrological birthchart reveals your one-of-a-kind core identity and your unique purpose – it is the 'real' you. Yet, it cannot tell you how your story will unfold. Freewill reigns and the life choices that you make are the ultimate story writers. The magic of it is that when you know your astrology, you have the power necessary to make informed choices and to influence the outcome, you get to write your life story.

Make it a point to Know Your Stars and realize a confidence that can only come when you Know Why You are Here and the Life You Are Meant to Live. Book Your Astrology Consultation with Dr. Jeanne - Evolutionary Astrologer

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Reveal Your True Purpose

You are not alone. Everyone wants a better life. Everyone wants to achieve an abundance of health, wealth, and love. This driving desire is the beauty of the human condition, and it keeps us growing and moving forward, in essence this desire keeps us alive. Look at those whom you consider to be successful and notice that they keep looking for an even better life – they actively own it, and they don't wait for the better life to magically appear.

One of the surest ways that you too can get closer to a better life is to hand-write the History of Your Future. This is the vision of how your life played out, written as a short story. A great starter is: "The year is 203_(*fill-in*), and I am ten years older __ (*fill in age*). Ten years ago, I decided to ___ (*what was the turning point*), and it changed my life. This is how it's turned out___". Your heart holds the clues to your true purpose, and they will be revealed in your writing.

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Be Willing to Change

Sometimes the things that pop into your mind are so far removed from what you think your purpose is, and who you've decided you want to become, that you don't listen. Listen Up! These thoughts may well be your inner voice calling out – asking you to tune-in, listen and consider a new direction.

We are hard wired to 'not give up'. But the truth is we must evolve and be willing to change, in fact we are also hard wired to grow, and resisting growth will only add to your frustration.

Don't be fooled into thinking you don't need to change. Consider the possibility that you're still searching because what you think you should be doing needs to change. While it may have been your purpose at a point in time, it no longer is. Detach from your expectations of the outcome, and embrace the experience of change with an open mind and an eager heart.

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Get Started Now

We have all heard about the end-of-life story, when many look back with regrets at how quickly it went by. Yes, this is a bleak vision, but we must acknowledge how quickly time goes by. Today is the tomorrow you worried about yesterday!

Your true purpose is awaiting your discovery. To find it, you have to find it. In other words, you can't wait around wishing for it to morph into reality. You have to be proactive and do what it takes to bring yourself one step closer each day to finding your purpose and living the life that you dream about – a better life.

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Free Find Your Purpose Discovery Consult

There is nothing more challenging than trying to figure out what you are meant to do with your life, especially when you are trying to do it all alone. Now's your chance to take the next step. With a one-on-one session with me, we will get you clarity about the type of life you truly want to live, about the things standing in your way and how to overcome them, and about the path forward to a life lived in purpose as you experience all the wonderful things that await you.

If you are ready to overcome the challenges of finding your life purpose with a friend by your side, who has been in your shoes, who can point the way forward, book your FREE Find Your Purpose Discovery Call below.

- I'll help you get clear about the vision of your purpose
- I'll help you identify the obstacles
- I'll help you recognize the importance of discovering the real you
- I'll help motivate you to start making changes.
- I'll show you how my services can help you to Discover Who You Really Are, Reveal Your True-Purpose, Get into Action and Make It Happen!

The power of choice is the greatest power that you possess.
Today quickly becomes tomorrow.
Choose today to arrange a FREE Discovery Call and go after Your Better Life.

BOOK YOUR SESSION

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